

LEARN ABOUT AADC DEFICIENCY

A rare genetic disorder of the central nervous system

- ▶ Aromatic L-amino Acid Decarboxylase (AADC) Deficiency is an autosomal recessive disease associated with defects in neurotransmitter synthesis, resulting in profound motor and autonomic dysfunction and developmental delay¹⁻³
- ▶ AADC Deficiency can manifest with a broad spectrum of symptoms. The most common are¹⁻³:
 - Hypotonia
 - Developmental delay
 - Movement disorders, especially oculogyric crisis

Despite symptom onset during infancy, diagnosis is typically delayed^{2,3}

3.5 Mean age of diagnosis
3.5 years²

↔ Age range of diagnosis
2 months to 23 years²

How AADC Deficiency is diagnosed

- ▶ Earlier identification can help improve the care and management of patients with AADC Deficiency^{2,3}
- ▶ Currently, these core tests can help diagnose AADC Deficiency²
 - CSF neurotransmitter metabolite panel
 - Plasma enzyme activity assay
 - Genetic testing

Other tests that may be helpful²

- ▶ Blood level measurement of 3-OMD (3-O-methyldopa)
- ▶ Urinary organic acid analysis

Consensus guidelines recommend confirming an AADC Deficiency diagnosis with a genetic test²

▶ **To learn more about AADC Deficiency and no-cost diagnostic testing supported by PTC, visit [AADCinsights.com](https://www.aadcinsights.com)**

References: 1. Manegold C, Hoffmann GF, Degen I, et al. Aromatic L-amino acid decarboxylase deficiency: clinical features, drug therapy and follow-up. *J Inher Metab Dis.* 2009;32(3):371-380. 2. Wassenberg T, Molero-Luis M, Jeltsch K, et al. Consensus guideline for the diagnosis and treatment of aromatic L-amino acid decarboxylase (AADC) deficiency. *Orphanet J Rare Dis.* 2017;12(1):12. doi: 10.1186/s13023-016-0522-z. 3. Brun L, Ngu LH, Keng WT, et al. Clinical and biochemical features of aromatic L-amino acid decarboxylase deficiency. *Neurology.* 2010;75(1):64-7. 4. Krigger KW. Cerebral palsy: an overview. *Am Fam Physician.* 2006;73(1):91-100. 5. Ng J, Papandreou A, Heales SJ, et al. Monoamine neurotransmitter disorders—clinical advances and future perspectives. *Nat Rev Neurol.* 2015;11(10):567-584. 6. Kurian MA, Dale RC. Movement disorders presenting in childhood. *Continuum (Minneapolis).* 2016;22(4 Movement Disorders):1159-1185. 7. Lee WT. Disorders of monoamine metabolism: inherited disorders frequently misdiagnosed as epilepsy. *Epilepsy & Seizure.* 2010;3(1):147-153. https://www.jstage.jst.go.jp/article/eands/3/1/3_1_147/_article-char/en. Accessed February 6, 2019.

The challenge of a correct diagnosis

- ▶ Many of the most common symptoms of AADC Deficiency can also be attributed to a number of other conditions such as^{2,4-7}:
 - Epilepsy
 - Cerebral palsy^{4,5}
 - Neuromuscular weakness